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Atlas of Acupuncture by Claudia Focks

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Description This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way. Each of these points combine anatomical drawings and photographs of surface anatomy.

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E-Book - Atlas of Acupuncture by Claudia Focks. This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way.

E-Book - Atlas of Acupuncture by Focks, Claudia (ebook)

This acupuncture atlas is one of the best I've seen. The illustrations, most of which are photographs of actual human beings with anatomical drawings superimposed, along with measurement guides and other useful landmark indicators, makes a really great textbook for studying, as well as a wonderful reference book.

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"Atlas of Acupuncture" by Claudia Focks Ch.Liv. | 2008 | ISBN: 0443100284 9780443100284 | 723 pages | PDF | 59 MB This Atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge.

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Très pratique pour localiser correctement les points d'acupuncture, cet atlas décrit aussi le contexte particulier de chaque point et ses possibilités thérapeutiques. En introduction, l'ouvrage fait un rappel synthétique du système des méridiens, des différentes méthodes de localisation des points, des mesures du corps en cun et des repères anatomiques. Le coeur de l'ouvrage présente de manière claire et détaillée plus de 400 points d'acupuncture : points des méridiens principaux, points des huit merveilleux vaisseaux et points hors méridiens. Les derniers chapitres approfondissent les points les plus importants de chaque méridien par région anatomique, puis les différentes catégories de points et leurs associations. Chaque point est présenté selon un schéma-type qui facilite la consultation rapide : localisation : instructions précises qui guident le lecteur pas à pas dans l'anatomie de surface jusqu'à l'emplacement du point ; angle d'insertion : angle(s) et profondeur d'insertion, type d'aiguille recommandé; actions : indications, précautions à prendre, risques et contre-indications éventuels ; caractéristiques particulières : spécificités d'action et d'usage clinique du point. Enfin, l'iconographie associe plus de 700 photographies et 600 dessins : les vues d'ensemble ou en macro alternent avec la surimpression des structures osseuses, musculaires ou vasculaires sur des photos d'anatomie de surface pour un haut degré de précision visuelle. Didactique et exhaustif, cet atlas sera un outil efficace pour les acupuncteurs, confirmés ou en formation.

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

A flexi textbook that contains information on all the major body and ear acupuncture points, as well as an extensive coverage of trigger points. The text is augmented by 126 illustrations pertaining to body acupuncture, 48 illustrations on ear acupuncture, and 114 illustrations on trigger points. The description of each point includes: exact location depth of needling indication function in TCM The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for many practitioners, are presented side-by-side.While the terminology of the points follows Chinese standards for acupuncture, the body parts are named following up-to-date anatomical nomenclature, and the description of trigger points also mentions the respective muscle and pain projection zones.Illustrations include color photographs and clear full-color drawings.

ACUPUNCTURE IN PREGNANCY AND CHILDBIRTH is a concise highly illustrated and practical guide to using acupuncture to treat women throughout their pregnancy and labour. Drawing on an unparalleled wealth of experience as a midwife and an acupuncturist, the author has produced a book accessible to both acupuncture students and practitioners covering physiology related to pregnancy and childbirth, illuminating links between Western knowledge and acupuncture approaches and suggesting points and point combinations for particular stages and actions during pregnancy and labour. Highly illustrated with summary boxes and guidelines Covers nutritional aspects of pregnancy Gives practical advice and instruction on the use of acupuncture through the four trimesters of pregnancy and labour Uses case examples to further illustrate the text Covers recent advances in relation to the effects of aspirin and heparin to the immune system and pregnancy Includes IVF pregnancies Glossary and appendix of useful addresses Fully updated and revised throughout to include recent research Nutrition and its effect on the foetus (new and developing area of research)

An indispensable tool for all acupuncturists, this encyclopedia provides extensive photographs and illustrations to help students and practitioners find the precise locations of acupuncture points, helping them to understand the overall energy network in three dimensions. Photographs of human bodies, many of which have the bone, muscular, or organ systems superimposed for ease of use, detail the main meridians, secondary circuits, and internal branches, making this highly detailed resource practical and comprehensive. Whether referenced in a classroom or during a consultation, this guide, which has been approved by the College of Chinese Medicine, is the go-to resource for the study and practice of this healing art.

Written by experts in Chinese medicine, this textbook provides a comprehensive overview of Chinese medicine therapies for fertility disorders. It opens by reviewing the basics of current Western reproductive medicine in terms of diagnosis, treatment options, and possible risks. The book then introduces the reader to traditional Chinese fertility treatments, providing information about how they complement Western reproductive medicine. The authors describe in detail the different treatment methods, ranging from qi gong and tui na to moxibustion and acupuncture to Chinese dietetics and medicinal therapy. The main section of the book provides in-depth discussion of specific fertility disorders and their management, including menstrual disorders, early menopause, sexual disorders, male infertility, endometriosis, and polycystic ovary syndrome. It closes with a section on patient support, addressing issues such as the mind-body relationship and the impact of stress.Key features: Case studies with real-life examples of specific treatment approaches Information on both Chinese and Western therapiesPerspectives from numerous Chinese medicine specialistsExtensive quotations from classical texts in translation Historical, cultural, and social perspectives on the issue of fertility in Chinese culture, modern and ancient Chinese Medicine in Fertility Disorders is an invaluable resource for practitioners in complementary medicine, including acupuncturists and Chinese herbalists who wish to include fertility treatment in their practice, and a useful reference for all physicians who seek to expand their perspective on managing fertility issues.

A straightforward learning resource, covering the different acupuncture points in the body and their functions. Perfect for visuals learners, it shows the primary meridians, extraordinary meridians and known extra points, in an easy to understand format with blank charts for students to make their own notes.

This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way. Each of these points combine anatomical drawings and photographs of surface anatomy. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge. Clear information on the full range of acupuncture points and main channels in a systematic and clear way Each point combines anatomical drawings and photographs of surface anatomy Attractive two-colour design Highly illustrated

This Acupuncture Points Trainer CD-ROM provides an interactive training programme for all acupuncturists. Included are different training options for studying the names and locations of the acupuncture points on the twelve primary channels, the extraordinary vessels, as well as the extra points - a total of 419 acupuncture points. The CD-ROM stands on its own but is also a valuable additional learning resource for those who have purchased the Atlas of Acupuncture or the Flashcards by Claudia Focks. Superb surface anatomy colour photographs, on which the student can test themselves on the location and names of the acupuncture points through drag and drop exercises. Feedback is then given. Audio clips demonstrate how to pronounce the pin yin names of the points, and further self assessment questions test the student on which points should be used for which treatments. Choose what you want to learn - points can be organised in random succession, or by meridian or according to body region. Complete photo archive of 419 points is accessible at any time.

This notebook presents the descriptions of acupuncture points. They are anatomically defined areas on the skin relative to certain landmarks on the body. Learning the acupuncture point is a huge challenge for students. One of the best ways to master them is to practice with a good manual of acupuncture. All images in this notebook are selected from Atlas of Acupuncture by Claudia Focks.

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